



TITLE: Twenty-One Olive Trees: A Mother's Walk Through the Grief of Suicide to Hope and Healing

AUTHOR: Laura Formentini

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Laura Formentini is an author, nonprofit photographer, and philanthropist. Through this work, Laura has encountered ordinary people who have accomplished extraordinary things after difficult life events. Laura's healing was greatly impacted by her belief that while the terrible times you suffer may feel like the end of life as you know it, these difficult times can actually become the catalyst for new growth. Her message for empaths and highly sensitive people is one of love and encouragement. As we rise from our own pain, we can take loving actions that lift others up in the process.



Twenty-One Olive Trees: A Mother's Walk Through the Grief of Suicide to Hope and Healing marks Laura's debut as an author. She lives nomadically with her family.

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47,500 people died in the U.S by suicide in 2019. Suicide is the 4th largest cause of death for people ages between 10 and 34, (14,547 deaths in this age range) leaving many parents, friends, and loved ones grieving and at a loss. Books like Twenty-One Olive Trees are critical for helping these heal in the aftermath. National Institute of Mental Health

Nothing could have prepared Laura Formentini for the shocking news of her son's death by suicide. Seeking solace during her time of grief, Laura turned inward to transform her pain and shock into healing and peace. She accomplished this by writing letters, poems, and fables to her son, Blaise, in the year after his untimely death. This became the beautiful tribute *Twentyone Olive Trees: A Mother's Walk through the Grief of Suicide to Hope and Healing*.

This is the perfect book to help those seeking to heal and transform in the wake of a traumatic loss.

"Laura Formentini has written a lovely book of life lessons through stories, poems, and vignettes of insight and wisdom and revelation. The ultimate result is reinventing life through conscious awareness of life's daily miracles of healing transformation and liberation. I highly recommend it."

-DEEPAK CHOPRA